



SFCNS Swiss Brain Health Plan

Kick-off Stakeholder Meeting

22 November 2023
13:00-18:00

Kunsthaus Zurich

PROGRAM



Welcome

Welcome to the SFCNS Swiss Brain Health Plan Kick-off Meeting

It is our great pleasure to cordially invite you to the **SFCNS Swiss Brain Health Plan Kick-off Meeting**, which will take place on November 22, 2023 from 13:00-18:00 at the Kunsthaus Zurich.

This Swiss Brain Health Plan implements the Swiss Brain Health Strategy in accordance with the EAN Brain Health Strategy, launched by the WHO and the European Academy of Neurology EAN in 2022.

The joint goal is **awareness creation about brain health as a whole** and to **initiate prevention programs**. The strategic task force of the Swiss Brain Health Plan consists of the about 50 authors of the publication «**The Swiss Brain Health Plan 2023-2033**».

The Swiss Brain Health Plan will be developed further by SFCNS as it involves many specialties of the neuro field. The goal of the Kick-off Meeting is information and awareness creation among all stakeholders i.e. politics, hospitals, patient organizations, researchers, insurances, companies and finally the public.

Why is brain health so important?

Good brain health is vital to reducing the large and growing healthcare burden associated with brain disorders. This strategy recognises that brain health goes beyond the absence of disease or treatment of disorders or rehabilitation and encompasses preventive measures to decrease the incidence of brain disorders, enabling individuals to function and cope with life situations. (ean)

Experts of various neurological and psychiatric specialties will demonstrate and explain the importance of good brain health across lifespan.

We hope that our event will be of a great interest to you and look forward to welcome you to this exciting event in Zurich.

Prof. Luca Remonda, MD
SFCNS President

Prof. Claudio Bassetti, MD
Vice-president European Brain Council
EAN past-president

Prof. Erich Seifritz, MD
Member Core Team Swiss
Brain Health Plan

General Information

Date Wednesday, November 22, 2023

Venue Kunsthaus Zurich
Chipperfield-Bau
Heimplatz 5
8001 Zurich

Language English

Registration [swiss-brainhealth.congress-imk.ch](https://www.swiss-brainhealth.congress-imk.ch)
Participation is for free. Please register online for your participation.
A registration on site at the congress secretariat is not possible.

Credits	Swiss Society of Neuropediatrics (SSNP)	4 Credits
	Swiss Neurological Society (SNS)	4 Credits
	Swiss Association of Neuropsychologists (ASNP)	5 Credits
	Swiss Society of psychiatry and psychotherapy (SSPP)	5 Credits

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Partner Companies 2023

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Program | Wednesday, 22 November 2023

12:00-13:00

Welcome coffee & registration

13:00-13:15

Welcome, introduction & video greetings

Prof. Luca Remonda, MD, Aarau
Christine Buillard-Marbach, Fribourg
Nora Kronig Romero, Bern
Prof. Claudio Bassetti, MD, Bern

13:15-14:15

The burden of neurological and psychiatric disorders

Chairs: Prof. Sebastian Walther, MD, Bern
Prof. Caroline Pot, MD, Lausanne

13:15-13:35

Burden and stigma: the patient's voice

Gudrun Schumacher, Zurich

13:35-13:55

The burden of neurological disorders

Prof. Paul Boon, MD, Gent

13:55-14:15

The burden of psychiatric disorders

Prof. Erich Seifritz, MD, Zurich

14:15-14:55

Illustrative examples I

Chairs: Prof. Isabelle Wanke, MD, Zurich
Prof. Suzanne Dickson, MD, Gothenburg

14:15-14:25

Stroke in children and adults

Prof. Urs Fischer, MD, Basel

14:25-14:35

Dementia

Prof. Giovanni Frisoni, MD, Geneva

14:35-14:45

Epilepsy in children and adults

Prof. Barbara Tettenborn, MD, Zurich

14:45-14:55

Concussion and TBI in children and adults

Prof. Raphael Guzman, MD, Basel

14:55-15:35

Illustrative examples II

Chairs: Prof. Andreas Kleinschmidt, MD, Geneva
Prof. Susanne Walitza, MD, Zurich

14:55-15:05

Migraine in children and adults

Prof. Susanne Wegener, MD, Zurich

15:05-15:15

Rare disorders: the example of SMA

Prof. Andrea Klein, MD, Bern

15:15-15:25

MS in children and adults

Annette Hackenberg, MD, Zurich

15:25-15:35

Depression in children and adults

Prof. Indrit Bègue, PhD, Geneva

15:35-16:15

Coffee break

16:15-16:55

Brain plans to reduce the burden of neurological and psychiatric disorders

Chairs: Prof. Peter Falkai, MD, Munich

Prof. Elena Moro, MD, Grenoble

16:15-16:35

Intersectoral global action plan of the WHO

Dr. Katrin Seeher, Mental Health Specialist, WHO, Geneva

16:35-16:55

Swiss Brain Health Plan

Prof. Claudio Bassetti, MD, Bern

16:55-17:45

Roundtable

Chairs: Prof. Thomas Zeltner, MD, Bern | Prof. Claudio Bassetti, MD, Bern

Lukas Engelberger, PhD, Basel

Prof. Renaud du Pasquier, MD, Lausanne

Prof. Jürg Kesselring, MD Bad Ragaz

Prof. Anita Lüthi, PhD, Lausanne

Prof. Arnaud Perrier, MD, Geneva

Prof. Indrit Bègue, PhD, Geneva

17:45-18:00

Farewell & closing

Prof. Luca Remonda, MD, Aarau

18:00-19:00

Apéro in the foyer

Organizing committee

The Swiss Brain Health Plan is driven by the authors of the review article «**Dem Gehirn Sorge tragen**». These experts build the Swiss Brain Health Plan Task Force and supervise the **overall strategy** of the plan. The **plan development and implementation** is under the lead of the Swiss Brain Health Plan - Core Team.

Task Force

Prof. Marcel Arnold, MD, Bern
Prof. Andrew Chan, MD, Bern
Prof. Kimquang Do Cuenod, MD, Lausanne
Prof. Renaud Du Pasquier, MD, Lausanne
Prof. Matthias Egger, MD, Bern
Ansgar Felbecker, MD, St. Gallen
Prof. Martin Hatzinger, MD, Solothurn
Prof. Andrea Humm, MD, Fribourg
Christian Kätterer, MD, Basel
Prof. Andrea Klein, MD, Bern
Prof. Andreas Kleinschmidt, MD, Geneva
Prof. Karl-Olof Lövblad, MD, Geneva
Prof. Philippe Lyrer, MD, Basel
Prof. Iris-Katharina Penner, MD, Bern
Prof. Peter Sandor, MD, Zurzach
Prof. Hakan Sarikaya, MD, Bern
Prof. Erich Seifritz, MD, Zurich
Lukas Sveikata, MD, Geneva
Prof. Paul Unschuld, MD, Geneva
Prof. Michael Weller, MD, Zurich

Core Team

Prof. Claudio Bassetti, MD, Bern
Prof. Indrit Bègue, PhD, Geneva
Prof. Urs Fischer, MD, Basel
Prof. Giovanni Frisoni, MD, Geneva
Harald F. Grossmann, Basel
Prof. Raphael Guzman, MD, Basel
Annette Hackenberg, MD, Zurich
Prof. Anita Lüthi, PhD, Lausanne
Prof. Luca Remonda, MD, Aarau
Prof. Barbara Tettenborn, MD, St. Gallen
Prof. Sebastian Walther, MD, Bern
Prof. Susanne Wegener, MD, Zurich
Prof. Thomas Zeltner, MD, Bern
Petra Zalud, PhD, Basel

Travel Information

Kunsthhaus Zurich

Chipperfield-Bau
Heimplatz 5 | 8001 Zurich



Kunsthhaus Zurich - Visitor information

www.kunsthhaus.ch/en/besuch-planen/besucherinfos/